Coronavirus disease *(COVID-19)*
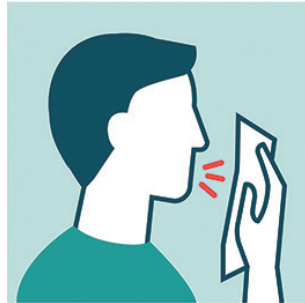
SYMPTOMS

FEVER

COUGH

SHORTNESS OF BREATH

STOP THE SPREAD OF GERMS

PREVENTION

Wash hands with soap & water for at least 20 seconds

Cover your nose & mouth with a tissue or elbow when sneezing or coughing
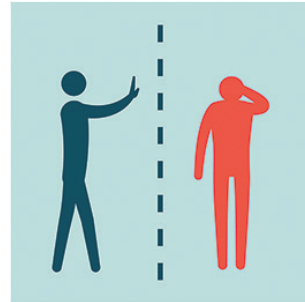
Put tissues in the trash & wash hands

Keep high touch areas & surfaces clean

DO NOT touch eyes, nose or mouth with unwashed hands
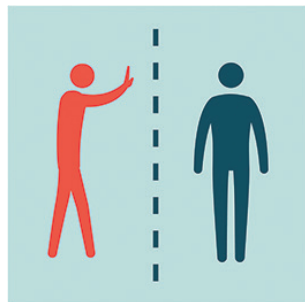
Avoid contact with sick people

Follow these prevention steps to prevent the spread of COVID-19 and other respiratory illnesses.

CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19.
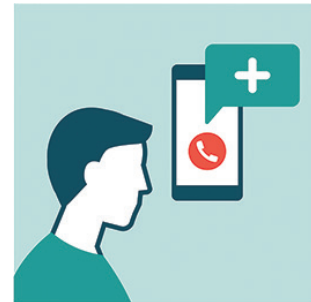
IF YOU ARE SICK

STAY HOME

Avoid contact with others

Avoid crowded places

Call your health care provider if your illness gets worse

Fairfax County Health Department | www.fairfaxcounty.gov/health

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